

## Meditations Violence Comparison Martial Training

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### **Meditations Violence Comparison Martial Training**

A Comparison of Martial Arts Training & Real-World Violence. Experienced martial artist and veteran correction officer Sgt. Rory Miller distills what he has learned from jailhouse brawls, tactical operations and ambushes to explore the differences between martial arts and the subject martial arts were designed to deal with: Violence.

### **Meditations on Violence: A Comparison of Martial Arts ...**

This is very much a one-man meditation on experience with real violence against the stories and trainings of various martial arts. Miller is a prison guard and has seen a lot of real violence and people who have committed it on a regular basis, and this book is entirely about both the validity and doubt that one should use to regard anything one is taught.

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### **Meditations on Violence: A Comparison of Martial Arts ...**

Overall, "Meditations on Violence" is a unique text that explicitly spells out the distinction between martial arts and real world violence - a topic that many of us have thought about. I recommend this book to anyone thinking about studying martial arts or currently in a martial art. It is worth reading.

### **Amazon.com: Customer reviews: Meditations on Violence: A ...**

Finalist - 2008 Book of the Year Award by Foreword MagazineFinalist - 2008 USA Best Book AwardA Comparison of Martial Arts Training & Real-World Violence Experienced martial artist and veteran correction officer Sgt. Rory Miller distills what he has learned from jailhouse brawls, tactical operations and ambushes to explore the differences between martial arts and the subject martial arts were ...

### **Meditations on Violence : A Comparison of Martial Arts ...**

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### **Meditations on Violence : A Comparison of Martial Arts ...**

— Rory Miller, Meditations on Violence: A Comparison of Martial Arts Training & Real World Violence tags: life , preparation , violence 13 likes

### **Meditations on Violence Quotes by Rory Miller**

Meditations on Violence—A Comparison of Martial Arts Training & Real World Violenceis not a joke, or a fantasy, or a screed written to save the ego of some wannabe. I've met the men who work with Rory, and they are tough, hard, guys—and they adore him. They know that what he knows, and who he is, has kept them alive to

### **Meditations on Violence - YMAA**

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### **Miller, R: Meditations on Violence: A Comparison of ...**

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### **Meditations on Violence: A Comparison of Martial Arts ...**

My name is Rory Miller. I'm the author of "Meditations on Violence: A Comparison of Martial Arts Training and Real World Violence" and a few other things. CRASS COMMERCIALISM:

### **www.chirontraining.com**

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### **Meditations on Violence by Rory Miller - OverDrive ...**

Injuries in martial arts training are usual, but can be avoided by proper breathing, stretching, and wearing the proper equipment. Martial arts are systems of offensive and defensive combat movements which includes proper punching, kicking, blocking, and other combative skills. Many people often associate martial arts to violence and brutality.

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