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Spiralizer Recipes - Allrecipes.com

Recipe: Avocado-Basil Zucchini Noodles with Chili-Lime Shrimp and Corn. 3. Use simple ingredients for your first cooked zucchini noodle dish. This recipe is easy and packs a lot of healthy flavors. The salty feta with the hearty chicken make this an easy dish to ease into cooked spiralized veggies – it tastes delicious and the cooking method ...

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Zucchini Noodles with Lemon-Garlic Spicy Shrimp. Asian Turkey Meatballs With Lime Sesame Dipping Sauce. February 23, 2014. Zoodles and Meatballs (zucchini noodles with slow cooker turkey meatballs) August 29, 2013. Sauteed Julienned Summer Vegetables.

Spiralizer Recipes | What To Make With Your Spiralizer

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These spiralizer recipes are packed with fiber, vitamins, and delicious flavor (with none of the fog-inducing gluten). Related: 18 Recipes for Shirataki Noodles That'll Blow Your Mind (Not Your Diet) You can use all kinds of vegetables for spiralizer recipes. Look for produce with no pits or seeds, and no hollow insides.

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Recipes - Spiralizer

These 20 spiralizer recipes will create healthy, delicious, and easy meals that are family-friendly. Learn how to incorporate spiralized veggies into your weekly meal plan to take your meals to the next level of delicious! When spiralizing foods first became popular, nearly every recipe was for a form of zucchini noodles.

20 Healthy Easy Spiralizer Recipes - The Girl on Bloor

The Spiralizer Cookbook - Over 30 Spiralizer Recipes For The Spiralizer - Healthy, Delicious Spiral Cutter Recipes For The Paderno Spiralizer At last a cookbook loaded with over 30 spiralizer recipes that you can make with your Paderno Spiralizer or regular vegetable spiral slicer. My name is Katey Goodrich and I wrote the spiralizer cookbook ...

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Also, if you're just dipping your toes in the welcoming waters of Lake Spiralizer, not quite ready to dive right in there – it's good to know that many of the recipes below can even be made without a spiralizer. With some good knife skills, you can get pretty close to the same results on some of these recipes (although probably not the ones where you're attempting to create long, thin ...

33 Spiralizer Recipes (That AREN'T Zoodles) - Two Healthy ...

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Spiralizer Cookbook - free PDF and EPUB ebook

Rated 4 out of 5 by Sandy241 from Useful cookbook I made one of the recipes from this book last night and it was excellent, looking forward to trying more. This is a nice addition to the spiralizer gadget, clearly explains some techniques to make it work more effectively, explains how to use each blade.

Spiralizer Cookbook | Williams Sonoma

Here are the 20 most popular recipes from 2017. We can't wait to see what you love most in 2018! You can also take a look back at 2016, if you're feeling extra nostalgic. Top 20 Spiralizer Recipes of 2017. 1. Spiralized Sweet Potato, White Bean and Kale Bake. 2. Avocado Basil Pesto Zucchini Noodles. 3. Spiralized Potatoes with Parmesan and ...

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